

# Marcus Hook Press

— AND THE —

## CLAYMONT NEWS

Vol. 91 — No. 29

Thursday, May 31, 2007

Twenty Cents

### County Council Announces 33rd Summer Festival in Rose Tree Park

Delaware County Council is proud to present the 33rd annual Summer Festival, a free program of concerts and entertainment presented outdoors in Rose Tree Park, 1671 N. Providence Road, Upper Providence, from June 6 to August 5, 2007.

"The annual Summer Festival is the best entertainment bargain in the county, and we invite everyone to come out and enjoy the concerts, all for free," said County Council Chairman Andrew J. Reilly.

The Summer Festival is an annual tradition that brings thousands of people to Rose Tree Park to hear a variety of performers from Blackthorn to Beatlemania Now, from military bands to ballet troupes, and tributes to Sinatra, Jimmy Buffet and Billy Joel. There's a performance to suit every age and musical taste.

Marc Manfre, Director of the Delaware County Department of Parks and Recreation, said

the 2007 Summer Festival will feature 45 exciting and innovative programs for county residents to enjoy.

Performances are held 7:30 p.m. Wednesday through Sunday nights in Rose Tree Park, 1671 N. Providence Road, Upper Providence. People are invited to bring blankets or lawn chairs for terraced lawn seating. Shows are cancelled in the event of rain.

The Delaware County Summer Festival is presented by Delaware County Council with support from a variety of sponsors.

Schedules are posted at [www.co.delaware.pa.us](http://www.co.delaware.pa.us). They are also available at Delaware County libraries, at the Leedom House in Rose Tree Park, and at each concert performance.

For more information contact the Department of Parks and Recreation at 610-565-7410.

### FMFCU Employees Bike to Work



Because gas prices are constantly rising, more people are looking for a cost-effective, alternative means of transportation. One healthier option is bicycling. Two Franklin Mint Federal Credit Union (FMFCU) employees promoted this transportation alternative by participating in the Delaware County Transportation Management Association's (DCTMA) recent Bike to Work Day. FMFCU was proud to be the presenting sponsor of this yearly event.

Credit Union employees, John Hargrove (left), Vice President of Information Technology and Langston Williams (right), Information Technology Network Administrator biked eight miles from the Credit Union's headquarters in Broomall to DCTMA's information tent located at the Delaware County Courthouse's Center Plaza in Media. They joined other bicycle enthusiasts and passers-by for a complimentary breakfast, chances to win bike-related raffle prizes and additional information on other means of transportation, like walking or riding a bus or trolley.

"During the summer months, I frequently ride my bike to and from work. It's good exercise, it helps keep me physically fit and reduces my stress level. I'm glad I was able to participate in this event again," says Hargrove.

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### Coalition Discusses Early Education in Delaware County

Parents, early educators and child advocates gathered on May 24, 2007 to express their support for making a new investment of \$186 million in pre-kindergarten and child care, as proposed in the Rendell Administration budget plan, now being considered by the Pennsylvania Legislature.

John DeFlaminis, Executive Director of Penn Center for Educational Leadership, said the quality of early education has a huge impact on children's future academic success. DeFlaminis is a board member of United Way of Southeastern Pennsylvania, one of the sponsors of the forum, as well as former Superintendent of the Radnor Township School District.

Along with the academic benefits of early education, children who participate in high quality child care and pre-kindergarten are less likely to be arrested than their peers, according to Clifton Heights Chief of Police Walter J. Senkow. Senkow cited research showing that every \$1 invested in Pre-K saves the public \$17 in the future, primarily as a result of lower criminal justice and special education costs. Chief Senkow is President of the Delaware County Chiefs of Police Association and a member of Fight Crime: Invest in Kids Pennsylvania, which were also sponsors of the program.

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with a job, or those who come to our Customer Service Training. As our parents overcome their challenges and move their families forward, they need to know their children will have the education and opportunity they may never have had," said Carol Goertzel, Executive Director of Pathways PA, a non-profit organization providing residential services to women and children in Delaware County.

Several legislative staffers were on hand for the discussion. "We appreciate the time that Representatives Micozzie, Killion and Donnatucci's staff members spent today to meet with us to learn about developments in early education and why so many of Delaware County residents support increased public investments in this area," said Christie Balka

of Philadelphia Citizens of Children and Youth, also a sponsor of the program.

At stake in the governor's budget is a proposal for \$75 million for pre-K that would enable 11,000 3- and 4-year-olds across the state to access pre-K in their communities beginning in the 2007-2008 school year. In addition, \$86 million would improve child care quality and expand access to child care.

Other sponsors of the program included Delaware County Community Engagement Group; Delaware County Child Care Professionals' Network; and Delaware Valley Association for the Education of Young Children.

For more information contact Christie Balka at [cbalka@pccy.org](mailto:cbalka@pccy.org) or 215-563-5848, ext. 15.

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"The value of the human capital, starting with the baby boomers up to people who are active in community service well into their 90s, is impressive," says Richard J. Anthony, Sr., executive director of the Delaware County Community Foundation and project leader of the six-month study of civic engagement among the County's residents age 55+. The study was conducted in cooperation with the County Office of Services for the Aging.

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Meeting locations are: Wayne Train Station, Station Road, Wayne; Delaware County Chamber of Commerce, 602 East Baltimore Pike, Media; Upper Darby Senior Center, 326 Watkins Avenue, Upper Darby; Crozer Keystone Health System Healthplex Pavilion 1, 196 West Sproul Road (Rte. 320), Springfield; City Team Ministries, 634 Sproul Road, Chester; Foxfield, 6488 Naamans Creek Road, Garnet Valley.

The public is encouraged to attend the meetings. Reservations are requested because sandwiches are beverages will be serviced at each location. To register, call 610-565-8353 and leave your name, address, telephone number, e-mail address and the meeting location you prefer. Flyers containing a registration form are also being distributed throughout the County, including senior centers and libraries.

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### Schoolhouse Travel Club to Visit Niagara Falls & Toronto

Schoolhouse Senior Center in Folsom is booking a 5 day/4 night trip to Niagara Falls and Toronto for Sunday, September 9, to Thursday, September 13, 2007.

The trip includes four overnight accommodations at The Days Inn, Clifton Hill; four deluxe Continental Breakfasts; three dinners; a guided sight-seeing tour of Niagara Falls; Reif Estate Winery tour and tasting; a day and evening in Toronto, with a 2 hour guided tour of Toronto and a one hour Narrated Harbour Cruise; Admission to the IMAX Theater; Maid of the Mist Board Ride, Casino visit, plus roundtrip transportation, meal taxes and gratuities, and drivers gratuity.

Cost is \$647 per person, twin. A deposit of \$50 required at signing. Balance in full is due by June 30, 2007. For further information, call Barbara Percival or Bertie Ritchie at 610-237-8100.

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Tours of DCCC's Main Campus in Marple Township will be held on Monday, June 4 at 6 p.m., Wednesday, June 20 at 4 p.m., and Thursday, June 28 at 11 a.m. DCCC's Main Campus is located on Route 252 at Media Line Road between Newtown Square and Media. For more information, call 610-359-5050.

A tour of DCCC's Chester County Campus in Downingtown will be held on Thursday,

June 14 at 6 p.m. For information, directions or to register for the Chester County Campus tour, call 484-237-6210. The Chester County Campus is on Route 322, two miles west of the Rt. 30 Bypass in Downingtown.

DCCC's Malin Road Center in Broomall will host a tour on Wednesday, June 20 at 6 p.m. For information, directions, or to register for the Malin Road Center tour, call 610-723-4000. The Malin Road Center is located at 85 North Malin Road in Broomall.

Reservations are not necessary.

### Don't Put It on the Bun Until It's Done

Memorial Day may be the ceremonial start to the grilling season, but the entire month of May is recognized as National Barbecue Month. So before you grab those burgers and fire up the grill this month, Giant Food Stores, TOPS Markets and Martin's Food Markets want to remind customers not to put their meat on the bun until it's done.

Americans eat more than 13 billion hamburgers a year, but no matter the size or seasoning, all burgers made with ground beef need to be cooked to an internal temperature of 160°F to kill any harmful bacteria such as E. coli. Cooking ground beef until the pink is gone is not an indicator of thorough cooking. Ground beef can still be pink inside and cooked to a safe 160°F. Therefore the opposite can also be true — a burger may be brown, but not cooked to a safe temperature. The only way to know if a hamburger has reached 160°F is to use a meat thermometer to check the temperature.

Take your burger's temperature before removing from the grill or frying pan by inserting a meat thermometer halfway into the thickest part. The thermometer should give you a reading in about 15-20 seconds. Be sure the thermometer does not go through to the other side.

While hamburgers are a popular grilling choice, it's important to cook all meat thoroughly and to the proper temperature when grilling. Use a meat thermometer to be sure:

- Chops, steaks and roasts from beef, veal and lamb: 145°F for medium rare, 160°F for medium and 170°F for well done
- Ground and whole poul-

try: 165°F  
• Chops and roast from pork: 150°F

And when preparing your meats before throwing on the grill, marinate foods in the refrigerator, not on the counter or outdoors. If the marinade is to be used as a sauce on the cooked food, keep some of it in a separate container before adding the raw meat, poultry or seafood. Never reuse marinade.

For additional grilling and food safety tips, stop into your local Giant, TOPS or Martins to speak with someone in the meat department or visit [www.giantfoodstores.com](http://www.giantfoodstores.com) or [www.topsmarkets.com](http://www.topsmarkets.com).

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## Protect Your Eyes During Outdoor Work

By: L. James Biddle,  
NEWSPIX

Yeadon Fire Company Captain Mike Captain commented on the importance of eye protection when he recently stated, "As the pace of outdoor work increases, so do the risks of injury to the eyes. Prevention is simple and these steps are worthwhile."

There are many ways that the eyes can be injured. One is looking directly into the sun. Yeadon's Captain explained, "While the scientific world will share the dangers of looking directly into the sun during eclipses, this danger is often neglected other times. The brightness of the sun can easily result in a permanent injury to eyes." The simple warning, "Never look directly into the sun," is good advice at all times.

During the use of a hammer or any such instrument, there is always the danger of a small metal fragment being chipped away, and without proper protection, that small, often hard-to-see fragment can cut the eye. "Again the prevention is simple," warned the Yeadon Fire Company's EMS leader. "Inexpensive eye protection is

all that is needed to prevent this kind of injury."

There are two specific eye-injury dangers that are common to mowing. When the rotating blade makes contact with a stone, small toy, or any other hard object, that object becomes a dangerous missile. Even if the path of the unexpected projectile is not one that makes immediate contact, a ricochet can still produce serious injuries. Captain DiIenno added that protective eye gear with side shields is a good form of preventive first aid.

If the rotary blade is nicked, one method of sharpening uses a file. Most times, however, the use of a grinding wheel is the method of choice. This method, while cutting down on the needed sharpening time, introduces another danger — a shower of hot, metallic sparks. DiIenno reminds backyard mechanics that even the smallest of the hot metallic specks can produce permanent eye damage. Once again, the use of protective eye gear, preferably those with side shields, is the best form of injury prevention.

Captain DiIenno stressed that the few seconds needed to invest in safety will last a lifetime.

## Bubbles, Bangles and Beads at the Boutique



Senior Community Services (SCS) craft volunteer, Ida Fazzi, of Philadelphia, shows off the Boutique's jewelry at Friendship Circle Senior Center in Yeadon. The Boutique, which boasts many craft and unusual handmade items, is open Monday and Wednesday, 11:00 a.m. to 3:00 p.m., and Friday, 11:00 a.m. to 1:00 p.m. For more information about the Boutique, call 610-237-6222.

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## Summer Programs at Lansdowne Public Library

The Lansdowne Public Library is excited to announce its Summer Reading Program. Super sleuths and daring detectives are invited to "Get a Clue @ Your Library". The 2007 Summer Reading Program is open to all children, birth through teens, and is designed to encourage children to continue reading during vacation so valuable reading skills won't be lost. The Lansdowne Public Library will offer programs, prize drawings, story hours, a reading club and more. The reading club is designed for both new and independent readers and families. Infants and new readers are invited to join the Read-to-Me portion of the program.

Registration is underway and continues through the summer. For more information, call 610-623-0239, ext. 5 or stop in.

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## Union Memorial United Methodist Church

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Darby, PA

Family & Friends Day

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11:00 AM

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For more information contact Christie Balka at [cbalka@pccy.org](mailto:cbalka@pccy.org) or 215-563-5848, ext. 15.

## Boomers Night Out Meetings in Delco

What's on the minds of baby boomers and other adults ages 55+ as they move in to the third stage of their lives?

What percentage of Delaware County's 132,000 residents age 55+ donate their time and skills to nonprofit organizations?

Are the experience, knowledge and wisdom of the County's population age 55+ being put to good use for the benefit of the community?

For the answers to these and a litany of other questions covering life after retirement, a series of six public meetings scheduled for Thursday, June 7, from 6 p.m. to 8 p.m. will be held throughout the County. The meetings are under the auspices of three nonprofit organizations: Delaware County Community Foundation (DCCF), the County Office of Services for the Aging (COSA) and Coming of Age.

In addition to reporting the findings of a six-month study conducted by DCCF titled "Redefining Middle Age," the meetings will provide a forum for residents to brainstorm ideas for ways to increase volunteerism among all age groups and to improve the quality of life in communities throughout

the County's 49 municipalities.

According to Rennie Cohen, organizer of the Boomers Night Out series in Delaware County, the locations for the meetings were selected to give all residents access. The locations are: Wayne Train Station, Station Road, Wayne; Delaware County Chamber of Commerce, 602 East Baltimore Pike, Media; Upper Darby Senior Center, 326 Watkins Avenue, Upper Darby; Crozer Keystone Health System Healthplex Pavilion 1, 196 West Sproul Road (Route 320), Springfield; City Team Ministries, 634 Sproul Road, Chester; Foxfield, 6488 Naamans Creek Road, Garnet Valley.

Cohen said that because sandwiches and beverages will be served at each meeting, registration is requested to help anticipate the size of audiences at the six locations. To register, call 610-565-8353 and leave your name, address, telephone number, e-mail address and the meeting location you prefer, or you can e-mail your registration to [civic55@delcofcf.org](mailto:civic55@delcofcf.org). Flyers containing a registration form are also being distributed throughout the County, including senior centers and libraries.